



Summary: Barriers and Strategies

-  Limited time and money  Provide support for basic needs
Ex: COVID Relief 
-  Lack of access to information and knowledge  Cultural navigators who help families learn about and navigate systems
-  Insufficient language access  Provide communication tools and advocate for change. Ex: Interpreter Webinar 
-  Hesitancy to make waves  Support Groups and Leadership Training
Ex: Family Leadership Training
-  Cultural stigma about disability  Support Groups, Parent and Youth Leaders